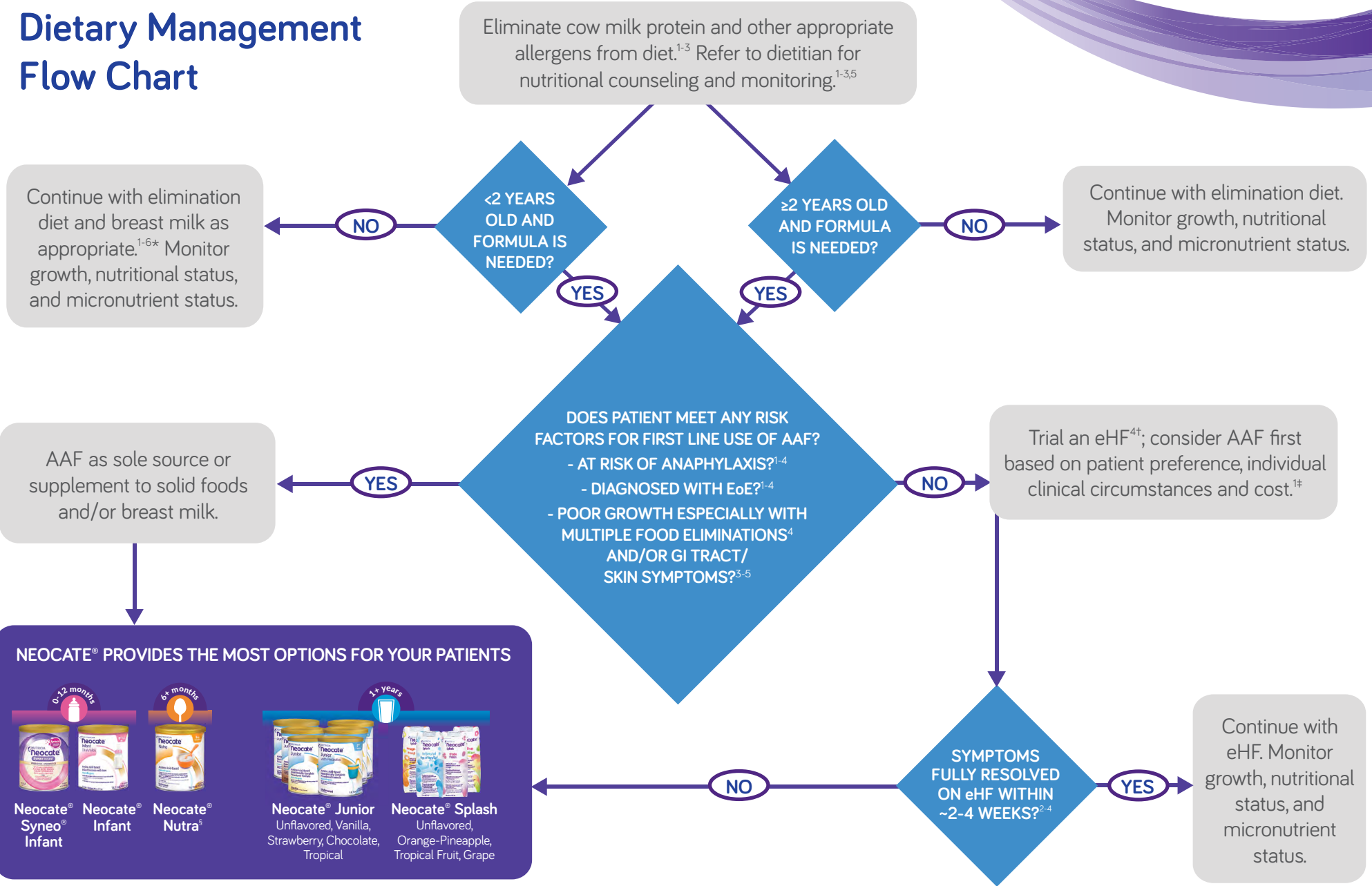


# COW MILK ALLERGY/MULTIPLE FOOD ALLERGIES

## Dietary Management Flow Chart



Individual needs as directed by HCP.

Monitor growth, nutritional status, and micronutrient status.

<sup>§</sup>Neocate Nutra is a hypoallergenic semi-solid food - not suitable as sole source of nutrition.

AAF = amino acid-based formula; eHF = extensively hydrolyzed formula; EoE = eosinophilic esophagitis; HCP = healthcare professional

This flow chart is intended to be used as a reference for healthcare professionals when managing patients with cow milk allergy/multiple food allergies as a **primary** diagnosis.

**Nutricia North America supports the use of breast milk wherever possible.**

**Neocate® is a family of hypoallergenic, amino acid-based medical foods for use under medical supervision and is indicated for cow milk allergy, multiple food allergies and related GI and allergic conditions.**

\*May include maternal elimination diet if breastfeeding and patient continues to react.<sup>2,3</sup> Maternal elimination diet should always be conducted under medical supervision. Maternal vitamin and mineral supplementation should be considered<sup>1-3</sup> and diet should be monitored for nutritional adequacy.<sup>2</sup>

†In settings where the cost of an AAF is lower, the use of an AAF may be equally reasonable.<sup>1</sup>

‡Soy formula can be recommended as a third choice for patients without soy allergy and > 6 months of age.<sup>1</sup>

**References:** **1.** Fiocchi A, et al. 2010;21 Suppl 21:1-125. **2.** Koletzko S, et al. J Pediatr Gastroenterol Nutr. 2012;55:221-9. **3.** Venter C, et al. Clin Transl Allergy. 2013;3:23. **4.** Meyer, et al. J Allergy Clin Immunol Pract. 2018;6:383-99. **5.** Ludman S, et al. BMJ. 2013;347:f5424. **6.** Vandenplas Y, et al. Arch Dis Child. 2007;92:902-8. **7.** Hill DJ, et al. Clin Exp Allergy. 2007;37:808-22.



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